



TRAIN TO BECOME AN ACCREDITED FAMILY TRANSITIONS TRIPLE P PRACTITIONER

Family Transitions Triple P, from the World's most highly evidenced range of parenting programmes, is designed for parents who are experiencing personal distress from separation or divorce, and which is impacting on or complicating their parenting.

Mediators are uniquely placed to deliver the programme, offering an evidence-based parenting programme as part of the mediation process.

A recent evaluation of the Department for Work and Pensions Reducing Parental Conflict programme showed Family Transitions Triple P is reported to have long-term, positive impacts on children's mental health and wellbeing.

Children whose parents had completed the programme showed significant improvements in child emotional and behavioural challenges, including reductions in emotional problems, hyperactivity and peer problems.

During five sessions, Family Transitions Triple P assists parents who need extra support to adjust and manage the transition of separation or divorce, allowing you, as a mediator, to deliver this important service.

It focuses on skills to resolve conflicts with former partners and how to cope positively with stress.

Parents may attend alone or with their new partner but should not attend with their ex-partner as this is not a mediation program.

To learn how to access the training, including costs and upcoming training dates, please follow this [LINK](#).